

# HARDWOOD ATHLETIC FLOOR CARE

#### **DAILY FLOOR CARE**

The following page provides recommendations for daily cleaning and care of your hardwood athletic floor per the Maple Flooring Manufacturers Association and Aacer Sports Flooring.

#### **RECOATING**

Hardwood athletic floors are commonly recoated once each year to protect and enhance the surface. This is normally performed in educational facilities during summer months or when unoccupied such as extended holiday periods. Unlike full sanding and finishing, seasonal recoats typically include a thorough cleaning of the floor surface followed by slight abrasion referred to as screening using a buffing machine. When done correctly, this assures a sound bond between the existing floor finish and newly applied coating.

#### **SANDING & REFINISHING**

There is no set time frame for complete sanding and refinishing of hardwood athletic floors, which is done most generally every eight to twelve years. The length of time between sanding and refinishing frequently depends on daily care and maintenance as well as the application of seasonal recoats.

Wear life of standard 25/32" (20mm) flooring normally allows four to six sanding's after the initial installation and when done once every ten years a hard maple athletic floor can provide 50 to 70 years of service.

Removing multiple finish coats applied over many years requires aggressive sanding using very coarse paper but should still be done in a manner that removes the finish layer(s) with minimal removal of the wood surface below. The sanding process should follow the usual manner of using 32621 coarse, medium, and fine paper as when the flooring was newly installed and by following all standard procedures for proper applications of flooring sealer, lines and graphics, and floor finish coats.



888-480-9138 • mfma@maplefloor.org • maplefloor.org

# DAILY FLOOR CARE

### Six Steps for Proper Daily Maintenance:

- SWEEP THE FLOOR DAILY with a properly treated dust mop. If the floor is used heavily, sweep it up to three times per day.
- WIPE UP SPILLS and any moisture on the floor surface.
- MAKE SURE THE HEATING/VENTILATING/AIR CONDITIONING SYSTEM IS FUNCTIONING PROPERLY and set to maintain indoor relative humidities between 35 percent and 50 percent year round. In areas of consistently high or low outside humidity, a 15 percent fluctuation will not adversely affect the maple.
- REMOVE HEEL MARKS using an approved floor cleaner applied with a soft cloth or a dust mop.
   Contact your floor finish manufacturer for approved cleaning products.
- INSPECT FLOOR FOR TIGHTENING OR SHRINKAGE. During wet weather, check for water leakage around doors and windows. Remove debris from expansion voids.
- ALWAYS PROTECT THE FLOOR when moving heavy portable equipment or lifts. Ensure
  portable equipment does NOT have crowned wheels or wheels that include center ridges
  remaining from the molding process. These types of wheels can create very significant point
  loads.

## Never Do the Following:

- NEVER shut down the ventilation system in your facility for a prolonged period of time.
- NEVER clean your MFMA floor using scrubbing machinery or power scrubbers that use water. Water is your floor's worst enemy!
- NEVER attempt to modify or repair your MFMA sports floor without first consulting your MFMA contractor.
- NEVER use household cleaning products or procedures. They can be harmful to the floor finish
  and to the wood and may leave floors sticky or slippery, and potentially harmful for athletes. Your
  MFMA finish manufacturer will recommend the proper cleaning and maintenance materials for
  your MFMA sports floor.

Wood is naturally porous and can absorb and release moisture. If the humidity in your facility rises, your wood floor will absorb that moisture, causing it to expand. If the humidity falls, your wood floor will release moisture, causing it to shrink. Many installations include expansion voids around the perimeter and around columns or floor inserts, plus expansion joints built into the floor surface. These features permit natural, normal expansion and contraction without damage to the floor. Too much moisture causes abnormal expansion, which can lead to cupping or buckling of your floor. In abnormally dry conditions the wood will contract, leaving separations between flooring strips.

Direct all questions about your MFMA maple sports floor to your MFMA SPORT FLOOR CONTRACTOR.

© Copyright 2005, Maple Flooring Manufacturers Association, Inc. All rights reserved.